Kenwood High School

CHEERLEADING TRYOUTS

March 17-19, 2021

Dear Interested Cheerleaders and Parents,

 Thank you for your interest in trying out for the Kenwood High School Cheerleading Squad. You will gain valuable experiences to include confidence, teamwork, determination, and commitment. In return, the school gains pride and school spirit through your participation.

 **The 2021-22 cheer season may consist of a JV squad depending on how many student’s tryout. The less experienced cheerleaders will be placed on the JV squad. Being on the JV squad is a great opportunity to prepare for varsity.**

 Please read this entire packet carefully so that you are fully aware of the program’s requirements.

**A Parent’s meeting will take place on March 16, at 6pm via zoom. Only the participants that turn in this packet prior to March 16th, will be given the zoom code to attend the meeting. The zoom code will be emailed to parents in order to attend the meeting. parent/guardian is strongly encouraged to attend. We will discuss this packet and answer questions so you will be informed about the cheer program before allowing your daughter or son to tryout. If you are not able to attend this meeting at this time due to work obligations, please contact the coaches so that you will have all necessary information as parent participation is extremely important to our success.**

Tomecia Slade, Head Coach tomecia.slade@cmcss.net

Janay Stevenson, Coach janay.stevenson@cmcss.net

Tamika Lindsay, Coach Tamika.lindsey@cmcss.net

You will need the following prior to tryouts (**No exceptions**)

* **Current valid sports physical if you did not previously play a sport. Please upload all physicals in www.PRIVIT.COM**

Current cheerleaders will not need another physical until there physicals expire. (if you are not able to get a physical due to time restraints please notify coaches)

* Application/permission form (attached) must have parent and cheerleader signature
* Read and sign the KHS-Cheer Code of Conduct

**\*All forms are required on 3/17/2021 at the start of the cheer clinic.**

 **This is a potential squad member’s first demonstration of responsibility.**

***\*\* Please staple ALL required forms together before turning in****.*

Requirements for 2021 KHSCS Tryouts

1. You must have an overall **average of 70%** in each current subject area and you must have passed Semester 1 in order to be considered for the squad if you are chosen.This average must be maintained in order to remain an active cheerleader upon making the squad. Any Cheerleader that fails to maintain a 70% average will be given the opportunity to go to after school tutoring in order to bring up the grade. If failing grades become an ongoing issue for the cheerleader the cheerleader will be counseled and a decision will be made by the coaches and AD if the cheerleader will be allowed to stay on the squad.
2. You must be in attendance to each cheer clinic (3/17 through 3/18) @3:30pm-6:00pm (DO NOT BE LATE) for clinic/tryouts. Tryouts will be on 3/19/2021 they will start promptly at 3:30pm.

EXPECTATIONS/REQUIREMENTS OF A KENWOOD CHEERLEADER

PRACTICES

* Practice is important, this is how we improve our skills. Cheerleaders must attend all practices to include, stunt/tumbling practice. Missing practices for other obligations are not a valid excuse unless excused by the coach prior to said commitment. If you miss more than one practice a week you will not be allowed to cheer at the game (even due to illness). Cheerleaders will be penalized with a demerit for missing practice if a Dr’s note or parent’s note is not provided. Frequently missing practice can and will result in being removed from the squad.
* All cheerleaders should be prompt for practice. Cheerleaders are still required to complete conditioning if arriving late to practice.
* Anytime a cheerleader needs to miss practice please notify the coaches immediately via text or the Band App. If a cheerleader has to miss practice due to sickness, the coach must be notified in advance.

GAMES

* Cheerleaders are required to cheer at all football/basketball games (including during holiday breaks) and any events deemed necessary by coach/Athletic director.
* Cheerleaders are expected to show up to all games **on time** and be completely dressed for performance (uniform, shoes, socks, and hair bow), Failure to comply will result in not cheering in that game.

UNIFORM

* Each cheerleader is responsible for keeping her uniform neat and clean. All uniforms that need alterations should be altered neatly and in a professional manner, (appropriately colored thread should be used). Parents will be responsible for alterations completed on uniforms. If uniforms are not neatly altered this will affect the cheerleader’s ability to cheer at an event. Please do not use safety pins to alter the fit of a uniform.
* DO NOT cut any material from uniforms that belong to KHS.
* Practice attire will consist of shorts, tennis shoes, shirt that covers the stomach area and socks. Hair should be placed in a ponytail.
* Games: assigned uniform (includes top, skirt, body-liner, shoes, cheer bow, warm-up suit and hair in a HIGH ponytail with all loose pieces clipped up). Cheerleaders are not allowed to walk around with their skirt unbuttoned or wear any other shoes other than your cheer shoes while in uniform. Jewelry and long colored fingernails are not allowed unless prior permission from the coach. **Failure to comply will result in not cheering.**

GRADES

* Cheerleaders are required to maintain a minimum average of 70 in each class and perform their best in each class, **you cannot have any missing assignments at any time, Failure to take care of academic obligations will result in dismissal from the team.**

BEHAVIOR/ATTITUDE

* Cheerleaders are expected to refrain from drugs, alcohol, and tobacco per the KHS Code of Conduct.
* Cheerleaders are expected to keep their Facebook, Twitter, Instagram, and other public networking pages CLEAN and free from pictures, quotes, comments, or discussions that reflect negatively on the individual or the team.
* Cheerleaders are expected to be respectful to coaches, captains, each other, and to all school staff and volunteers during school hours and while attending games.

SKILLS

* All cheerleaders are expected to maintain and improve upon their tumbling and stunting skills, jumps, and cheers. Advance tumbling/stunting is highly encouraged. Be prepared to put in work outside of cheer to be the best.

DEDICATION/COMMITMENT

* This team requires a great deal of dedication and commitment. Expectations of each other are high and should be. ***Being a part of this team means sacrificing other activities at times and doing so with a positive attitude at all times. Our smiles and high energy are contagious to the squad and others.***
* ***Cheerleaders that plan on doing dual sports will need to do so without sacrificing time away from cheer. Everyone that makes this squad is important and missing cheerleaders affect our ability to perform at our best.***
* CONTACTING COACHES

Squad members may call or text coaches/captains at appropriate hours (no later than 8 p.m.) for information.

Parents should contact coaches via school email unless it is an emergency. If you have questions or concerns please contact a coach first, if your issue is not resolved after talking with a coach you may contact our Athletic Director, Garry Chadwell. 931-905-7900

Cheerleaders receive updates about games and practices via the BAND APP. Parents are encouraged to look on the cheerleaders Band App for information.

Periodically emails will be sent out to parents concerning ordering updates and monetary payments for cheer supplies.

CHEER EXPENSES

* Turning money in on time is important for keeping our program in good financial standing in order to receive cheer clothing and supplies on time. The school/district does not give money for the cheer season. Parents are expected to provide the funds for their cheerleader to participate. All items purchased by the parent is the property of the cheerleader to keep.

Prices do not include shipping and handling. Due dates will vary in order to help parents with paying for cheer expenses. Some fundraises will first be applied towards the cost of uniforms for our squad.

* Cheer Camp is $365.00 (this is a three day/overnight event)
* Camp Clothing 138.16
* Boys camp shorts 23.95
* Girls Cheer Shoes 89.00
* Boys Cheer Shoes 79.00
* Girls Cheer bag 80.95 (Optional)
* Boys Cheer bag 60.95 (Optional)
* Cheer Bow 2@ 27.90
* Cheer Briefs 13.95
* Nike socks 25.00

FALL Cheer Items

* Body Liner 21.95
* Warm up 168.90
* Rain Coat 18.00
* Black leggings 20.00
* Gloves/Ear coverings

In filling out this application, you are expressing a desire to be a representative of Kenwood High School. Other activities, such as your job, other sports and after school activities cannot interfere with practice, games, or other cheerleading activities.

Student’s Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Student’s Cell phone: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Grade: \_\_\_\_\_\_\_\_\_\_\_\_\_\_

School currently attending \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Signature of Applicant: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

My child, \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_, has my permission to try out for cheerleading at Kenwood High School. I have read the rules and regulations set forth and I will assist in every way to enforce these rules. I understand that I must assume all financial responsibilities that are associated with cheerleading. Parents are expected to assist with transportation for all in county games. Transportation for out of county games will be provided by the school district. Cheerleaders will need to be dropped off and picked up on time before and after games. I will make every effort to ensure that my child attends every function. I understand that there are inherent risk that can be associated with cheerleading.

Parent’s Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Parent’s Printed Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Parent’s Telephone Number: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Parent’s Email Address:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_